

Regional Institute of Education, NCERT, Ajmer



National Seminar on Population Education (NSPE 2022)

Organised Under IQAC (November 15-17, 2022)

A Brief Report

The National Seminar on population Education has been organized to provide a platform for all stakeholders working in the field of population education from different disciplines to share their experiences, researches, innovative practices and impact on improving the quality of school education in general and population education in particular. Keeping this in view, the National Seminar on Population Education (NSPE 2022) was organized with the following objectives:

- To provide a forum for the different academicians, scholars, researchers, students, teachers, and teacher educators to share their research work in population education, innovative practices, and emerging trends in multidisciplinary education.
- To make recommendations for further course of action for the promotion of quality Multidisciplinary population education in the country.
- To document the best practices and research in the field of multidisciplinary education and to disseminate these with all stakeholders.

In the national seminar research papers/articles pertaining to theme/ subthemes were invited from experts, researchers, teachers, teacher educators, educationists and faculty members of DIETs, CTEs, SCERTs, SIERTs, IASEs, NCERT, teacher training institutions, colleges, universities and NGOs etc. to share their researches, experiences, innovative practices and experiments in the field of population education in form of oral presentation. In addition to the presentation, plenary lectures and keynote addresses have been conducted to deliberate on the theme and subthemes of the seminar. Paper cuttings of the coverage of the seminar are given below:

क्षेत्रीय शिक्षा संस्थान में जनसंख्या शिक्षा पर संगोष्ठी में लैगिंक समानता व किशोर और प्रजनन आदि पर शोध पढ़े

अजमेर कंचन केमरी

क्षेत्रीय शिक्ष संस्थान में आयोजित तीन दिवसीय राष्ट्रीय संगोष्ठी के दूसरे दिन बुधवार 16 नवम्बर को जनसंख्या शिक्षा पर भारत के विभिन्न राज्यों से भाग लेने वाले प्रतिभागियों विषय विशेषज्ञों ने लैंगिंग



समानता व किशोर और प्रजनन जैसे ज्वलंत मुद्दो पर शोध पत्र पेश करके जनसंख्या शिक्षा को नई दिशा देने की ओर ध्यान आकर्षित किया। जनसंख्या विषय से संबंधित व्याख्यान और शोध पत्र प्रस्तुत किए गए। जिसके अंतर्गत लैंगिक समानता, किशोर ओर प्रजनन, स्वास्थ्य पोषण, स्वास्थ्य एवं स्वच्छता और भारत में जनांकिकीय लाभांश धीमों पर चर्चा की गयी। संगोष्ठी का मुख्य आकर्षण तीन आधार व्याख्यान रहे।जिसके



अंतर्गत प्रथम आधार व्याख्यान में राजकीय पीजी महाविद्यालय कोटद्वार उत्तराखंड के डा. अमित जायसवाल ने स्वास्थ्य को प्रोन्नत करने के समावेशी तरीकों पर, दूसरे आधार व्याख्यान में सम्राट पृथ्वीराज चौहान राजकीय महाविद्यालय अजमेर की असोसिएट प्रो. भारती प्रकाश ने लैगिंक मुखौट उतारने पर, तथा तृतीय आधार व्याख्यान में डा. विजय मलिक ने भारत में किशोरों की तात्कालिक आवश्यकताओं पर प्रतिभागियों के समक्ष अपने विचार रखें।
संस्थान के प्राचार्य प्रो. एसवी शर्मा ने बताया
कि कार्यक्रम का समापन 17 नवम्बर
गुरूवार को होगा। समापन में राष्ट्रीय स्तर के
कई शिक्षाविद् भाग लेंगे। संस्थान के
अधिष्ठाता प्रो. राजेश मिश्रा ने बताया कि
समापन समारोह से पूर्व समस्त प्रतिभागी
विद्धानों से तीनों दिवसों के प्रस्तुत किए
व्याख्यानों पर शोध पत्रों एवं संगोष्ठी की
उपादेवता पर फीड बैक लिया जाएगा।

जनसंख्या नहीं, जीवन्तजनों की वृद्धि जरूरी: प्रो.शुक्ला

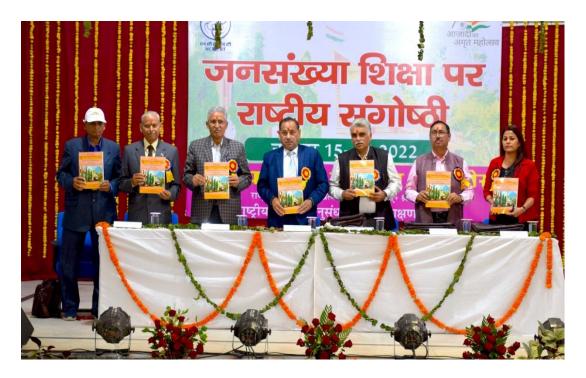
इसके पहले 15 नवम्बर मंगलवार को . क्षेत्रीय शिक्षा संस्थान में जनसंख्या शिक्षा के तीन दिवसीय राष्ट्रीय संगोष्ठी का संस्थान के सभागार में शुभारंभ किया गया। जिसमें महर्षि दयानन्द विश्वविद्यालय के कुलपति प्रो. अनिल कुमार शुक्ला ने कहा कि वर्तमान समय में जनसंख्या की नहीं अपितु जीवन्त जनों की वृद्धि आवश्यक है। विशिष्ठ अतिथि महाविद्यालय विकास परिषद एवं विश्वविद्यालय जम्मू के निदेशक प्रो. राजीव रतन शर्मा ने कहा कि जनसंख्या को एक संसाधन के रूप में इस्तेमाल करने पर बल दिया। संस्थान के प्राचार्य प्रो. एसवी शर्मा ने अतिथियों का स्वागत किया। कार्यक्रम के आयोन सचिव डा. एके गुप्ता ने तीन दिवसीय सेमीनार के उद्देश्य पर प्रकाश डाला। संचालन डा.वेद प्रकाश आर्य, नेहा वर्मा व अम्बिका गहलोत ने किया। इस मौके पर सरताज सिंह के नेतृत्व में जनसंख्या शिक्षा पर प्रदर्शनी आयोजन किया गया।

Session wise brief details of the proceedings of the seminar are furnished below:

15-11-2022, Tuesday

Inaugural Session

The seminar was inaugurated by the Chief Guest Prof. Anil Kumar Shukla, Vice Chancellor, MDS, University, Ajmer. Prof. Rajeev Ratan Sharma, Dean, Faculty of Education and Director, CDC, University of Jammu, Jammu was the Guest of Honour. Prof. S.V. Sharma, Principal of the Institute welcomed and introduced the Chief Guest and Prof. Rajesh Mishra, Dean introduced the Guest of Honour. Prof. Shukla advocated the importance of intellectual minds among population. He emphasized creative and innovative minds. He delineated the relevance of knowledge in Indian society since ancient times. Prof. Rajiv Ratan Sharma shared his views on population education and stressed how to utilise human resources for the sustainable development of the country. The Organising Secretary, Dr. A. K. Gupta stated the objectives of the seminar and the Co-organising Secretary, Dr. Meenakshi Meena proposed a vote of thanks.



Chief Guest Prof. A.K. Shukla along with other dignitaries is releasing the souvenir

Plenary lecture I

Prof. K. K. Sharma, Former Vice Chancellor, M.D.S. University, Ajmer delivered a Plenary Lecture I on the topic "Reproductive health education is an important tool in the implementation of population planning". His core of the lecture was how to make the topic of reproductive health education to students so simple and comfortable so that they can ask their queries about physical and mental changes during puberty.

Technical session I

There was a total of 9 paper presentations among them 7 papers were presented. The major issues covered in this session are population change in metro cities, reverse migration, tribes education and extinction in Jharkhand, rising population and present educational issues, growing population a hindrance in the economy, tailoring as a self-employment opportunity for the pupil with hearing impairment, sustainable development and economic population and development of tourism, dynamic impacting health and nutritional status of women.

Technical Session II

There was a total of 9 paper presentations among them 7 papers were presented. The technical session commenced with a keynote address by Prof. V. P. Singh on the topic "Analysis of

school science curriculum to see the integration of adolescent education and population education activities and exploring the pedagogical strategies adopted by the teachers." The papers covered a concise overview of the background and theory of urban development and planning. It focused on the relationship between population and economic development that influence the overall standard of living in society.

Plenary Lecture II

Prof. Sanjay K Mohanty delivered the Plenary Lecture II on Emerging Health issues among Adolescents in India: Evidence from Recent National Family Health Survey 2019-21. He highlighted the growth, education, and urbanization of Indian adolescents. He categorized the health conditions into two categories; measured and self-reported: the data collected from different agencies like the National Family Health survey-5 (2019-21). It was a women-centric survey measuring the disease with outcomes.

Technical Session - III

There were 9 presentations out of them 6 participants presented in the session. The Keynote lecture was delivered by Dr. Bijaya Malik on the topic "Adolescents in India: A Need of the Hour." The session focused on the theme of Gender Equality and Issues. The chairperson introduced the keynote speaker who highlighted the objectives of NPEP (National Population Education Project). He also talked about the focus areas of Population Education and Adolescence Education. He said that Education cannot happen without population and population cannot happen without education. He also showed an interactive video clip talking about social change. He concluded that every person should contribute to utilizing the population as a human resource. The research papers and articles highlighted that gender equality is when people of all genders have equal rights, responsibilities and opportunities also in the context of equal access to schooling, participation in the classroom, subject choice and equal competence in academic performance etc. Teachers are one of the most important stakeholders of the educational process, and their gender-based beliefs and assumptions have an impact on their classroom instructional practices, strategies and choices. Gender equality as a strategy has great potential to create desired changes because it can address both the practical and strategic needs of boys and girls. The chairperson shared a detailed analysis of every presentation and asked questions from the respective participants.

Technical Session-IV

There was a total of 9 paper presentations among them 5 papers were presented. The Keynote lecture was delivered by Prof. Subhash Chandra on the topic "Population and the Mountain Ecosystem with Special Emphasis on Aravalli." He highlighted various species of Babool and discussed the population concern of the Nagour district in Rajasthan. This technical session comprising the presentations focused on developing awareness of gender equality among students, teachers and people. Migration is a strong force behind urbanization in developing countries.

16-11-2022 Wednesday

Technical Session-V

There was a total of 9 paper presentations among them 4 papers were presented. The researcher focused not only on teaching-learning but also health issues of adolescent girls. His team included district-level administration officers (Education Officers), Psychologist Gynaecologists to resolve girls' changes in adolescence. They have also conducted online exams and evaluated and awarded meritorious girls. The researcher inquired girls about reproductive health such as menstrual cycle, bodily changes, HIV/AIDS, and Puberty. They found that these girls were unaware with their reproductive health problems also hinder the study. They collected data by questionnaire method. They found that girls were feeling shy, and hesitant during the questionnaire. They found that these adolescent girls need to be aware of their reproductive health during this age.

Technical Session-VI

There was a total of 9 paper presentations among them 6 papers were presented. The Keynote lecture was delivered by Prof. Amit Kumar Jaiswal on the topic "towards an inclusive approach for promoting health and well-being." He told about the four pillars of learning out of which learning goes together very useful, focused on all-around well-being and the way for that is Annmaykosh, Praanmaykosh, Mananmyakosh, Vigyanmaykosh etc. He focused on the scientific attitude which is also required. For well-being, all the things must be considered and an inclusive approach will be certainly good for the mind body and soul. The Presenter discussed the mental health of adolescents and concluded that parental education is very essential for the well-being of mental health of children in adolescence. The presenters

highlighted the curriculum, and content, addressed adolescent reproductive health, the relationship between psycho-social health competence, mental health and physical health and an analysis of burnout of working mothers having girl child with disabilities and implications on their mental health. The co-chairperson talked about the use of digital media for playing for the children. At the end of the session, the chairperson concluded the session by discussing the presentation and giving a vote of thanks to everyone.

Technical Session-VII

There was a total of 9 paper presentations among them 3 papers were presented. The keynote speaker, Dr. Bharti Prakash gave a talk on the topic, 'Drop the Gender Mask'. She talked about the meaning of gender and gender roles in society. The technical session covering presentations enumerated key points such as the implementation of sanitation and hygiene educational intervention in schools is going to be fruitful school health point of view. Every individual contributes to national development leading to productivity. Ancient Indian philosophical books like Ramayana, Vedas and Paranas have explained the richness of the medicinal plants of the Himalayan region. The indigenous people of the Himalayan region acquire knowledge of various medicinal properties of several herbal plants and their uses to cure various diseases with the help of herbal healers and elders.

Technical session - VIII

There was a total of 9 paper presentations among them 5 papers were presented. The keynote speaker Prof. R.K.S. Arora addressed the topic "Population education: Need and importance". He highlighted the major challenges in the implementation of the policies on population education. The major key areas were to assess the impact of Anganwadi centres on the nutritional status of children and their well-being. It also tries to critically evaluate the numerous government schemes and policies like the Mid-Day Meal scheme. A piece of better dietary knowledge is necessary for pregnant women. The impact of urbanization on local tribal people in Jharkhand was also a topic for the presentation. Each paper presentation was followed by a discussion and deliberation on the concerned topics and issues.

Technical Session - IX

There was a total of 12 paper presentations among them 10 papers were presented. The main focus was on difficulties in achieving targeted learning outcomes, and difficulties in implementing government programmes of public health. It was aimed to explore skills development of the demographic dividend of India with a special reference to envisions of NEP 2020. An education model which paves the path for Indian students to develop skills and expertise to become self-employable. To enhance skills for career progression and their benefits in improving employability. Teaching methods and curricula should be developed and updated according to the ever-rising demands of the industry. To explore the difference between meditators and non-meditators groups in terms of happiness.

Technical session X

There was a total of 12 paper presentations among them 9 papers were presented. In the beginning keynote speaker gave his presentation on schooling spending and the discontinuation of education among adolescents in India. In this, he highlighted the gender gap, school attendance and socio-economic determinants too. The technical sessions covered such issues as the rich cultural strength must be utilized in a positive mindset and there should be ample opportunities created by the teachers to enrich the classroom with good classroom practices, despite the high student-teacher ratio. Proper and adequate education can facilitate skills, knowledge, and better economic opportunities, which helps to uplift a family, society, and country. To find out the role of the skill India programme in building skills, reskilling and enhancing the employability of Indians.

17-11-2022, Thursday

Plenary Session III

Prof. Rajeev Ratan Sharma, Dean, Faculty of Education and Director, College Development Council, University of Jammu, Jammu delivered the Plenary Lecture III. He talked about the fact of why we need Population Education. He suggested that we should not blindly follow western culture. We have a very rich culture and we must follow it. We should accept it as our strength. Later he emphasized the important role of a teacher. Teachers play an important role in shaping our society. They are the best instrument for us. They can work as an instructor, the best communicator, and the best motivators for our society. Women should be motivated to

take part in population Education as they can convince easily. One should try to nourish the inner qualities so that one can contribute to national development.

Technical Session-XI

There was a total of 11 paper presentations among them 4 papers were presented. This technical session included major areas regarding population education at the school level providing the students with the knowledge of their own country, its diversity in terms of geography, the quality of life and the economic standard of people. Due to the shift of the entire education system towards online and ICT-based education, it has emerged with many challenges for the students, teachers, school leaders, parents and policymakers. The carbon footprint can be reduced by recycling products, using eco-friendly products, reducing the usage of single-use plastic, electricity and non-renewable resources, saving water through rainwater harvesting, optimizing household energy consumption structure and switching towards green energy. After the presentation, the discussion round was open to all.

Technical Session XII

There was a total of 19 paper presentations among them 17 papers were presented. This interactive session has discussed research papers on topics including Internet Addiction, Cyber Bullying, Digital Self Care, Internet Addiction and Mental Health, Equitable Use of ICT, Sustainable learning during Covid-19, Attitude of Senior Secondary school students towards e-learning, Cyber Laws, Entrepreneurship Education for Environmental Sustainability. The session ended with the concluding remarks and the way forward was deliberated during the session. All the oral presentations were followed by open-house questions and discussion.

Valedictory and Reflections (2:30-3:30 P.M.)

Prof. S.V. Sharma, Principal, RIE, Ajmer introduced and welcomed the Chief Guest Prof. K.K. Sharma, Former Vice- Chancellor MDS University, Ajmer and Prof. Rajesh Mishra, Instructions welcomed Dr. T.R. Raina and Dr. R.M. Mohla, Guest of Honour. Dr. T. R. Raina enthused everyone to strive towards making Hindi our national language so that we could connect and spread our knowledge to each hook and corner of our country. Dr. R.M. Mohla emphasized that only education can lend a helping hand in the sustainable development of the

nation. Prof. K.K. Sharma emphasized the initiatives taken by the NCERT in the light of NEP 2020 for incorporating the core essentials of learning, reducing the cognitive load on students, and fostering learning through experience. The organizing Secretary, NSPE 2022 highlighted the activities taken place in the three-day National Seminar. He briefed the seminar and stated that 246 abstracts from 22 States/UTs were received out of which the best 126 abstracts were screened by the screening committee. Around 83 (19 internal & 64 external) participants presented their papers in 12 parallel sessions apart from Plenary lectures and Keynote addresses. Furthermore, the Co-organizing secretary Dr. Meenakshi Meena proposed a vote of thanks. National Seminar concluded with the National Anthem. Paper cuttings of the valedictory session are given below:

क्षेत्रीय शिक्षा संस्थान में जनसंख्या शिक्षा पर तीन दिवसीय राष्ट्रीय संगोष्ठी का समापन



अजमेर. कंचन केसरी

क्षेत्रीय शिक्षा संस्थान में गुरूबार 17 नवम्बर को जनसंख्या शिक्षा पर आयोजित तीन दिवसीय राष्ट्रीय संगोष्ठी का समापन हुआ। इस अवसर पर संगोष्ठी में भाग लेने वाले प्रभागियों को प्रमाण पत्र देकर सम्मानित किया गया। इस संगोष्ठी की अनुसंशा एनसीईआरटी को किन्नव्यन के लिए भेजी जाएगी। इस संगोष्ठी में भारत के विभन्न

के विषय शोधार्थियों, शिक्षकों, शिक्षक प्रशिक्षकों और शिक्षा विदों ने भाग लिया। संगोष्ठी के तीसरे दिन 17 नवम्बर को विभिन्न तकनीकी सत्रों में जनसंख्या शिक्षा से संबंधित व्याख्यान व शोध प्रस्तुत किए गए। जिसमें अनवांशिकी और गतिशीलता. की जनसंख्या जनसंख्या व परिस्थितिकीतंत्र, इंटरनेट, गजेट्स और के सुरक्षित उपयोग पर चर्चा हुई। कार्यक्रम का

शुभारंभ जम्मू विश्वविद्यालय के अधिष्ठाता एवं सीडीसी के निदेशक प्रो. राजीव रतन शर्मा के व्याख्यान से हुई। जिसमें उन्होंने भारतीय जनसंख्या की विशेषताओं एवं जनसंख्या शिक्षा की आवश्यकता पर अपने विचार व्यक्त किए। कार्यक्रम की अध्यक्षता विभाग के विभागाध्यक्ष पो. आयुष्मान गोस्वामी ने की। समारोह के मख्य अतिथि महर्षि दयानन्द विश्वविद्यालय के पूर्व कुलपित के के शर्मा थे। उन्होंने कहा कि जनसंख्या किसी देश का भार नहीं बल्कि उसका संसधान है। इसका उचित उपयोग आवश्यक है। अध्यक्षता संस्थान के पाचार्य पो एस वी शर्मा ने की जबकि संस्थान के अधिष्ठाता प्रो. राजेश मिश्र उपाध्यक्ष थे। प्रभागी विद्वानों द्वारा प्रस्तुत व्याख्यानों, शोध पत्रों को संगोष्ठी के लिए सार्थक बताया।

जनसंख्या को संसाधन मान करें उचित उपयोग'



क्षेत्रीय शिक्षा संस्थान में राष्ट्रीय संगोष्ठी में मौजूद अतिथि।

अजमेर @ पित्रका. क्षेत्रीय शिक्षा संस्थान में जनसंख्या शिक्षा विषय पर राष्ट्रीय संस्थानी हुई। महर्षि दयानंद सरस्वती विश्वविद्यालय के पूर्व कार्यकाटक कुरुपाति प्रो. के.के. शर्मा ने कहा कि जनसंख्या एक संसाधन है जिसका उचित उपयोग आवश्यक है। योजनाश्चद तरीके से रोजगार, उद्यम स्वापित हो तो राष्ट्र की अवधिंक ताकत, उद्यमिता और सम्मजिक सुरक्षा बढ़ती है। जम्मू विश्वविद्यालय के हीन एवं सीहिसी के निदेशक प्रो. राजीय रतन शर्मा में भारतीय जनसंख्या की विशेषताओं

य जनसंख्या शिक्षा पर विचार व्यक्त किए। अध्यक्षता संस्थान के प्राचार्य प्रो. एस.वी. शर्मा ने की। डीन प्रो. राजेश मिश्रा उपाध्यक्ष रहे। शिक्षा विभाग के विभागाध्यक्ष प्रो. आयुष्मान गोस्वामी ने भी संबोधित किया। इस दौरान अनुवाशिकी और जनसंख्या गतिशीलता, करी जनसंख्या और परिस्थितिकी तंत्र. ई-गेजेट्स सहित अन्य विषयों पर चर्चा गई। संगोपती वरी अनुशंसाओं को एनसीईआरटी भेजा जाएगा। सह सचिव हाँ, मीनाक्षी मीणा ने धन्यवाद दिया।

Feedback and Recommendation

During the Feedback and Recommendation session, participants of the seminar expressed their satisfaction about the seminar and its activities. The following recommendations were made during:

- Indigenous healthcare practices and medicines need to be included in the curriculum at the secondary level of education.
- Software is to be developed to enable digital monitoring and mentoring as mentioned in NEP 2020 to inculcate digital literacy where the gadget is going to be an important part of the teaching and learning process.

- To include geographical settings and conditions of a particular areas as per the region wise from the primary level onwards.
- To enrich agencies working in the area of population education by providing sufficient resources to assist in planning policies and implementation of programmes for the population education effectively.
- There should be a cell of population education at the level of DIET to understand the concerns and issues pertaining population education at to grass-root level.
- To prepare a module on health and population education for the public.
- Various initiatives taken by the States/UTs need to be reviewed for effective implementation of adult education. Accordingly, researches need to be carried out.
- The strengthening the population education among the learners may be achieved through television programme based on Indian traditional knowledge, cultural and heritage, etc.

Annexure-1

COMMITTEES

Prof. Dinesh Prasad	Prof. Sridhar Srivastava		Prof. S.V. Sharma			
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